PEER-REVIEWED

Bufo species toxicosis: Big toad, big problem

Paul A. Eubig, DVM

I t is common for companion animals to mouth toads. Oral exposure to larger toad species such as marine and Colorado River toads can be life-threatening. Fortunately, mouthing other toad species found throughout the United States usually results in nothing more than signs of oral irritation, including profuse ptyalism, gagging, and pawing at the mouth.

True toads, from the genus *Bufo*, are represented by 18 species in the continental United States. Only two species—*Bufo marinus* and *Bufo alvarius*—have been reported to cause serious signs after oral exposure. ^{2,3}

Bufo marinus, also known as the cane, marine, or giant toad, is found in the southern tips of Florida and Texas and in Hawaii. Bufo marinus was introduced from Puerto Rico into Hawaii in 1932 in an effort to control an insect threat to the sugar cane industry. Adults range from 4 to 9.5 in long. The toad's size and its extremely large, raised parotid poison glands extending caudally over the shoulders aid in its identification (Figure 1).

The Colorado River toad, *B. alvarius*, is found in the southern half of Arizona, southeastern California, and southwestern New Mexico. Also known as the Sonoran Desert toad, this species ranges from 3 to 7 in long and has comparatively smooth skin. Besides its parotid poison glands, this species has an additional pair of poison glands on the forelimbs and several pairs on the hindlimbs. 5

All toads from the genus Bufo



1. A marine toad, *Bufo marinus*. Note the prominent parotid poison glands (*arrows*) over the shoulders.

produce poisonous glandular secretions. The biochemical classes of the components in the secretions are similar, although individual components vary among species. Bufo marinus, followed by B. alvarius, has the largest parotid poison glands and the largest volume of secretions from the glands.

Toxins and their mechanisms of action

Parotid glands in toads are not salivary glands. They are aggregations of skin glands that have several small orifices that empty on the skin's surface. The secretions' primary toxins are bufogenins, such as marinobufagin, and bufotoxins, such as marinobufotoxin.8 Bufogenins are similar to cardiac glycosides. These compounds inhibit Na+, K+-ATPase activity in the myocardial cell membrane, similar to digitalis.9 This effect leads to an increase in intracellular sodium and, by stimulating sodium-calcium exchange, ultimately increases calcium concentrations in the myocardial cells, resulting in arrhythmias. Bufogenins also block sodium channels,9 similar to local anesthetics. Bufotoxins are conjugates of a bufogenin with suberyl arginine.6 Their mechanism is thought to be similar to that of the bufogenins.

Secondary toxins produced by parotid glands include the bufotenines serotonin and 5-hydroxytryptophan as well as catecholamines. 10 Bufotenines can potentially cause signs such as seizures, depression, tremors, hyperesthesia, hyperthermia, vomiting, and diarrhea if absorbed in sufficient quantities.11 Catecholamines may cause signs such as tachycardia, hypertension, anxiety, and respiratory difficulty. However, dogs that were experimentally given Bufo species toxins orally did not experience an elevation in blood pressure.4 Generally, the oral mucosa prevents marked absorption of most compounds. The role of serotonin is questionable because of its rapid degradation in the gastrointestinal tract.4 Other bufotenines such as 5-hydroxytryptophan are better-absorbed through the gastrointestinal tract11 and may play a more important role. Catecholamines are also inactivated by the intestine and the liver, but endogenous cate-

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BRIEF SUMMARY

Before using Baytril Tablets, please consult the product insert, a summary of which follows:

CAUTION:
Federal (U.S.A.) law restricts this drug to use by or on the order of a licensed veterinarian Federal law prohibits the extralabel use of this drug in food-producing animals.

Baytril (brand of enrolloxacin) Antibacterial Tablets are indicated for the management of diseases asso-ciated with bacteria susceptible to enrolloxacin. Baytril Antibacterial Tablets are indicated for use in dog-

CONTRANDICATIONS:

Enrolloxacin is contraindicated in dogs and cals known to be hypersensitive to quinciones.

Dogs: Based on the studies discussed under the section on Animal Safety Sommary, the use of membocanis contraindicated in small and medium breeds of dogs during the radio growth passe Lebewen 2 and 8 months of aga; The safe use of enrolloxacin has not been established in large and glant breeds during the radio growth phase. Large breeds may be in this phase for up to one year of age and the giant breeds for up to 18 months. In clinical field trails utilizing a daily oral dose of 5.0 mg/kg, there were no reports of lameoses or joint problems in any breed. However, controlled studies with histological examination of the articular cartilage have not been conducted in the large or giant breeds.

ensuin or the articular cartilings have not been conducted in the large or guant breeds:

Dags: Two of the 270 (7%) dogs breated with Baytrill' brand of enrofitoxacin') Tablets at 5.0 mg/kg
per day in the clinical field studies exhibited side effects, which were apparently drug related. These two
cases of vomition were self-limiting.
Post Approval Experience: The following adverse experiences: although rare, are based on voluntary
post-approval adverse drug experience reporting. The categories of reactions are listed in decreasing order
of frequency by doy's system.
Gastrointestinal: Acorexia, diarrhea, vomiting, elevabed liver enzymes

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Meurologic: ataxia, selturise
Belaviorai: Depression, lethargy, nervoosness
Cate: No drug-related side effects were reported in 124 cals treated with Baytrill* (brain of enrolloxacin)
Tablets at 5.0 m/kgp erd ye for 10 days, in clinical field studies.

Post Appreval Experience: The following adverse experiences, although rare, are based on voluntary
post-appreval aberete drug experiences reporting. The categories of reactions are listed in decreasing order
of trequency by body system.

Ocular Mydrass, refinal degeneration, retemal strophy, attenuated refinal vessels, and hyperreflective tapeta
tave been reported), loss of vision. Mydrasis may be an indication of impending or existing retinal changes.

Sastrointestinal: vemiting, anorexis, elevated liver enzymes, diarrhea.

Neurologic: abaxis, secures
Behaviora: Depression, lettargy, vocalization, aggression
To report adverse reactions or a suspected adverse reaction call 1-800-833-8405.

ANNALI SAFFTY SUMMARY;

ANA_SAFETY SUMMANY:

Open, Adult Oops receiving enrolloxacint orally at a daily dosage rate of 52 mp/kg for 13 weeks had
jostisted incidences of vomition and inappetence. Adult dogs receiving the tablet formulation for 30
centure days at a daily treatment of 25 mp/kg did not subth significant citized signs nor were there
is upon the clinical chemistry, hematological or histological parameters. Daily doses of 125 mp/kg
to 11 days induced vomition, inappetence, depression, official folcomological and daily white adult

of 13 mp/kg
to 14 days induced vomition, inappetence, depression, official folcomological and daily white adult

consecutive days at a daily treatment of 25 mg/kg did not exhibit significant clinical signism or were there effects upon the clinical clientisty, hematological or histological parameters. Daily doors of 125 mg/kg for up to 11 days induced vomition, imagesteries, depression, difficial topic monition and establish while dust dops receiving 50 mg/kg/dby for 14 days had clinical signs of vomition and inappetence. Adult drops does intransucutarly for three treatments at 125 mg/kg, clillowed by 57 oral treatments at 125 mg/kg, all 412 hoor intervals, did not exhibit either significant clinical segars or effects upon the clinical semistry, hematological or intervals, did not exhibit either significant clinical segars or effects upon the clinical semistry, hematological or histological parameters did you doospe rates of 25 mg/kg bas induced abnormal carriage of the carral joint and weakness in the hindiquarters. Significant improvement of clinical signs is observed following drug withdrawal. Microscopic studies have identified lesions of the articular arribustion or associated carrilage felsions at either 5, 15 or 25 mg/kg in this age group. Clinical signs of difficult ambutation or associated carrilage felsions for a either 5, 15 or 25 mg/kg in this age group. Clinical signs of difficult ambutation or associated carrilage felsions for decent days nor in 2 week old puppies with the same treatment schedule.

Tests indicated no effect on circulation microfilation or admit heart and the contractions of the carrilage felsions.

amount schedule

in daily treatments of 25 mg/kg for 30 consecutive days nor in 2 week old puppirs with the same treatment schedule

Tests indicated on effect on circulating microfilariae or adult heartworms (Dirofilaria immitis) when dops were treatfied at a daily design rate of 15 mg/kg for 30 days. No felter on cholinesterace values was observed.

No adverse effects were observed or reproductive parameters when made dops received 17 consecutive daily treatments of 15 mg/kg for 43 intervals (90, 45 and 14 days) prior to breeding or when fermate dops received 10 consecutive daily treatments of 15 mg/kg day 43 intervals (90, 45 and 14 days) prior to breeding or when fermate to 15 mg/kg for 15 mg/kg day 41 intervals between 30 and 0 days prior to breeding, early pregnancy (Detween 10th 35 bith days), late pregnancy (Detween 40th 6 d0th days), and original control for 15 mg/kg day 41 intervals between 30 and 0 days prior to breeding, early pregnancy (Oetween 10th 35 bith days), late pregnancy (Detween 40th 6 d0th days), and 4 mg/kg day 41 intervals between 30 and 0 days prior to breeding, early pregnancy (Oetween 10th 6 d0th 6 d0th days), and 4 mg/kg day 41 intervals between 30 and 0 days prior to breeding, early pregnancy (Oetween 10th 6 d0th days), and 4 mg/kg day 41 intervals between 30 and 50 mg/kg doy 40 mg

(including blindness), and diffuse light microscopic changes in the retina.

DRIG INTERACTIONS:

Compounds that contain metal cations (e.g., aluminum, calcium, iron, magnesium) may reduce the absorption of some quinoline-class drugs from the intestinal tract. Concombant therapy with other drugs that are retabablised in the liver may reduce the clasmance rates of the quinoline and the other drug.

Dags: Enrofloxacin has been administered to dogs at a daily obe rate of 10 only concurrently as wide variety of other health products including antherimities (praziquante), febartely, insectodies (pyrethruss), heartworm preventatives (editors, horizontaine) and other antibiotics (ampicilin, gentamicia sottate, penicilin, (indynostreptomerior). No incompatibilises with other drugs are known at this time.

Cats: Enrofloxacin was administered at aduly dosage rate of 5 mg/kg concurrently with antibinimities (caraquante), febartely, and insections (propoura) and another antibiacterial (ampicillin). No incompatibities with other drugs are known at this time.

WARNINGS:
For Use in Animals Only, in Rare Instances, Use of this Product in Cats has been associated with Refinal Toxicity, Do not exceed 5 mg/kg of body weight per day in cats. Safety in Breeding or Pregnant Cats has not been Established. Keep Out of Reach of Children.
Avoid contact with eyes in case of contact, immediately flush eyes with copious amounts of water for 5 minutes. In case of dermal contact, wash skin with soop and water. Consult a physician if irritation persists including out and a history of hyperareality for gouindones should avoid this product, in humans, there is a risk of user photosensitization within a lew hours after excessive exposure to quindones. If excessive accidental exposure occurs, avoid direct sunlight.
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PRECAUTION:

Quinolonic-class drugs should be used with caution in animals with known or suspected Central Nervous
System (CIKS) disorders. In such animals, quinolones have, in rare instances, been associated with CIKS
stimulation which may lad to convolvine sequence.

Quinolonic-class drugs have been associated with cartilage erosions in weight-bearing joints and other
torms of arthropathy in immuture animats of various species.

The use of flavorquinolones in cats has been reported to adversely affect the retina. Such products
should be used with caution in cats.

U.S. Patent No. 4,670 444

71003870/March 2001

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cholamine release may instead serve to potentiate the toxicosis.4 The clinical signs are likely caused by a combination of factors rather than by just one type of compound.

Clinical signs and differential diagnoses

Signs of Bufo species toxicosis manifest immediately and can progress to advanced signs in less than 15 minutes. The most common noncardiac signs in dogs resulting from B. marinus exposure include neurologic abnormalities (seizures, stupor, ataxia, and nystagmus), ptyalism (usually profuse), hyperemic mucous membranes, recumbency or collapse, tachypnea, and vomiting.2 Hyperthermia or hypothermia may also develop. The most common electrocardiographic findings in dogs following B. marinus exposure were sinus arrhythmia, sinus tachycardia, and normal sinus rhythm. However, 10 of 94 dogs evaluated required treatment for bradycardia, while only two dogs required measures to slow tachycardia.2 A variety of arrhythmias can develop. Experimentally, dogs that were given B. marinus toxin orally consistently experienced progressive negative ventricular deflection followed by ventricular fibrillation.4 Hyperkalemia is often seen after oral exposure in dogs4 and people,12 but hypokalemia has also been reported.3

The severity of signs likely depends on the volume of the secretions released by the toad and the patient's size. Exposure to larger toads, such as B. marinus or B. alvarius, is more likely to produce

more severe signs, especially in smaller animals. For example, smaller dogs were hospitalized longer in one case series.2 However, exposure to any Bufo species can potentially produce advanced signs, especially if a patient is small, geriatric, or in poor health.

Consider other possible causes of these clinical signs if an exposure was not witnessed. Inquire about recent pesticide use, because organophosphorus, carbamate, pyrethroid, metaldehyde, or chlorinated hydrocarbon exposure can cause similar signs. Also ask about medications in the home. Toxicosis from ingestion of a sympathomimetic such as pseudoephedrine or amphetamine, a methylxanthine such as theophylline, a β-blocker, a β-agonist, or one of many antidepressants can have a similar presentation. Exposure to common outdoor plants such as Rhododendron species, Nerium oleander (oleander), and Digitalis purpurea (foxglove) can also manifest with similar signs. Oral signs such as ptyalism can be induced by oral exposure to agents such as freshly applied topical flea products, caustic cleaning products, liquid potpourri, and plants such as Dieffenbachia and Philodendron species that contain insoluble calcium oxalate. Finally, other medical conditions such as seizure disorders, vehicular trauma, and heat stroke can have a similar presentation.

Treatment

Oral lavage is recommended for all exposures. The most effective way to

decrease oral absorption of secretions is to have the owner lavage the mouth with running water from a tap or a hose pointed in a rostral direction through the oral cavity. This is indicated only if exposure is likely and the patient is exhibiting either no signs or mild signs such as gagging or ptyalism. If the patient is exhibiting advanced signs such as depression or tachypnea, oral lavage should be performed at the veterinary facility. If possible, intubate the patient before oral lavage to decrease the risk of iatrogenic aspiration. If the patient is from an area where B. marinus or B. alvarius is found, immediate evaluation is recommended after oral lavage, regardless of the patient's size. In other areas of the country, advise the owner of the small likelihood of serious exposure, and tell the owner to watch for the clinical signs. Evaluate the patient immediately if any serious signs emerge.

The ingestion of a whole toad is potentially more lifethreatening than the mouthing of a toad. If a toad is ingested, emesis is indicated unless signs other than ptyalism are present. Other means of decontamination in this situation can include endoscopic retrieval, surgical removal, or multiple doses of activated charcoal with a cathartic.

Activated charcoal may help adsorb Bufo species toxins, but its efficacy for this use has not been evaluated. Nevertheless, activated charcoal is recommended if advanced signs are developing. If any abnormality in cardiac rate or rhythm is auscultated or if severe neurologic signs develop, monitor an electrocardiogram continuously.2 Evaluate serum electrolyte activity and monitor serial potassium concentrations if hyperkalemia or hypokalemia is detected. Correct any electrolyte imbalances as needed.

A dog exhibiting severe signs of toxicosis should receive an initial shock dose of fluids (45 to 90 ml/kg intravenously). The shock dose of fluids in cats is 25 to 60 ml/kg.13 Once the animal's condition stabilizes, the fluid rate may be lowered to a maintenance rate.2 Measure the serum potassium concentration, and administer potassium supplementation or take steps to lower the potassium concentration as needed. Frequently monitor the body temperature of severely affected animals. Control agitation, seizures, or tremors with diazepam (0.5 to 2 mg/kg



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intravenously in dogs or 0.5 to 1 mg/kg intravenously in cats) or a barbiturate (e.g. pentobarbital sodium, 3 to 15 mg/kg slowly intravenously to effect in dogs and cats) as needed.14

Drying oral secretions with atropine is contraindicated because it can contribute to arrhythmias.15 However, a dose of atropine (0.02 to by a constant-rate infusion of 10 to 40 μg/kg/min.16 Cats are more likely to experience side effects such as twitching and seizures from lidocaine, so be cautious with its use in this species.16

Esmolol hydrochloride has been recommended for treating prolonged sinus tachycardia as a result of B. marinus exposure.2 A recommended

hypokalemic patient, monitor the patient's potassium concentration. Dexamethasone sodium phosphate (0.5 to 1 mg/kg intravenously) and methylprednisolone sodium succinate (15 to 30 mg/kg intravenously) have also been administered in affected dogs.2 The finding of perivascular edema in the brains of dogs that were intravenously dosed with B. marinus secretions lends support to these recommendations. 17 The above medications are acceptable for use in cats at similar doses.14

Digoxin-specific antigen-binding fragments (digoxin immune Fab) have been given in large empirical doses to people that developed signs after ingesting products containing glandular secretions from Bufo species toads. Digoxin immune Fab may especially be of value in treating patients that exhibit advanced arrhythmias, hyperkalemia,12 or neurologic signs, but the use of this product may be cost-prohibitive. 18,19

Fatalities can occur, especially if treatment initiation in the face of advanced signs has been delayed.

0.04 mg/kg intravenously or intramuscularly) is appropriate in dogs and cats to treat severe bradycardia.14 Very high propranolol hydrochloride doses to treat arrhythmias have been recommended based on experimental trials,4 but empirical use of propranolol is not advisable because of the high incidence of bradydysrhythmias seen with toad intoxication.12 For ventricular and supraventricular arrhythmias that are not responsive to fluids, propranolol (0.02 to 0.06 mg/kg slowly intravenously in dogs and 0.04 mg/kg slowly intravenously in cats) is indicated. Lidocaine can be used for ventricular arrhythmias, but it is ineffective for supraventricular arrhythmias. Lidocaine can be given to dogs as a slow intravenous bolus (2 to 4 mg/kg) followed by a constant-rate infusion of 25 to 100 µg/kg/min. Cats can be given a slow intravenous bolus (0.25 to 0.75 mg/kg) followed

dose of esmolol for supraventricular arrhythmias in dogs consists of a loading dose of 0.5 mg/kg slowly intravenously followed by a constantrate infusion of 50 to 200 µg/kg/min. Esmolol's advantages include a rapid onset of action and a rapid cessation of action once the infusion is discontinued. Hypotension is a common adverse effect. Esmolol can increase serum digoxin concentrations by up to 20% if the two drugs are concomitantly administered.14 It is unknown whether esmolol would have a similar effect on the digoxin-like bufogenins and bufotoxins absorbed after oral exposure.

Using diuretics such as furosemide (1 to 2 mg/kg intravenously) and hyperosmolar agents such as mannitol (0.25 to 1 g/kg slowly intravenously over 15 to 20 minutes) has been advocated in dogs experiencing severe signs such as collapse or coma.2 If you give furosemide to a

Prognosis

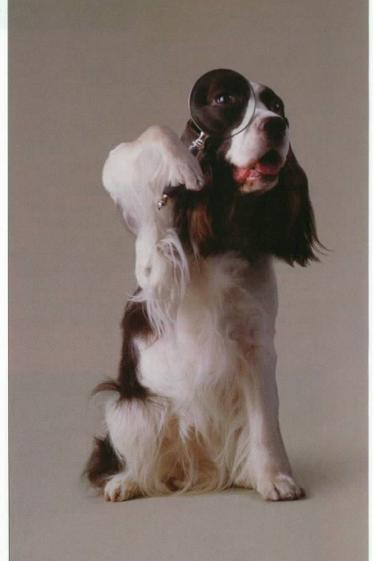
Prompt treatment and supportive care initiated soon after exposure to B. marinus or B. alvarius usually result in a favorable outcome. However, fatalities can occur, especially if treatment initiation in the face of advanced signs has been delayed. Exposure to other Bufo species typically results in mild signs that should be self-limiting once the mouth is lavaged. Since all Bufo species contain similar toxins in their glandular secretions, the possibility for advanced signs always exists and should not be ignored.

TOXICOLOGY BRIEF

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